D.Pharma New Syllabus October 1

2021

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# ER-2020 DPharm Syllabus – Part I

S.	Course	Name of the Course	Total	Hours per
No.	Code		Hours	Week
1.	ER20-11T	Pharmaceutics – Theory	75	3
2.	ER20-11P	Pharmaceutics – Practical	75	3
3.	ER20-12T	Pharmaceutical Chemistry – Theory	75	3
4.	ER20-12P	Pharmaceutical Chemistry – Practical	75	3
5.	ER20-13T	Pharmacognosy – Theory	75	3
6.	ER20-13P	Pharmacognosy – Practical	75	3
7.	ER20-14T	Human Anatomy & Physiology – Theory	75	3
8.	ER20-14P	Human Anatomy & Physiology – Practical	75	3
9.	ER20-15T	Social Pharmacy – Theory	75	3
10.	ER20-15P	Social Pharmacy – Practical	75	3

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# PHARMACEUTICS - THEORY

Course Code: ER20-11T 75 Hours (3 Hours/week)

**Scope:** This course is designed to impart basic knowledge and skills on the art and science of formulating and dispensing different pharmaceutical dosage forms.

**Course Objectives:** This course will discuss the following aspects of pharmaceutical dosage forms

- 1. Basic concepts, types and need
- 2. Advantages and disadvantages, methods of preparation / formulation
- 3. Packaging and labelling requirements
- 4. Basic quality control tests, concepts of quality assurance and good manufacturing practices

Course Outcomes: Upon successful completion of this course, the students will be able to

- 1. Describe about the different dosage forms and their formulation aspects
- 2. Explain the advantages, disadvantages and quality control tests of different dosage forms
- 3. Discuss the importance quality assurance & good manufacturing practices

Chapter	Topics	Hours	
1	<ul> <li>History of the profession of Pharmacy in India in relation to Pharmacy education, industry, pharmacy practice, and various professional associations.</li> <li>Pharmacy as a career</li> <li>Pharmacopoeia: Introduction to IP, BP, USP, NF and Extra Pharmacopoeia. Salient features of Indian Pharmacopoeia</li> </ul>	7	
2	Packaging materials: Types, selection criteria, advantages and disadvantages of glass, plastic, metal, rubber as packaging materials		
3	Pharmaceutical aids: Organoleptic (Colouring, flavouring, and sweetening) agents Preservatives: Definition, types with examples and uses		
4	Unit operations: Definition, objectives/applications, principles, construction and workings of: Size reduction: hammer mill and ball mill Size separation: Classification powder according to IP, Cyclone separator, Sieves and standards of sieves Mixing: Double cone blender, Turbine mixer, Triple roller	9	

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		ı		
	mill and Silverson mixer homogenizer			
	Filtration: Theory of filtration, membrane filter and sintered			
	glass filter			
	<b>Drying:</b> working of fluidized bed dryer and process of			
	freeze drying			
	Extraction: Definition, Classification, method and			
	applications			
5	Tablets – coated and uncoated, various modified tablets	8		
	(sustained release, extended-release, fast dissolving,			
	double layered)			
	Capsules - hard and soft gelatine capsules	4		
	Liquid oral preparations - solution, syrup, elixir, emulsion,	6		
	suspension, dry powder for reconstitution			
	Topical preparations - ointments, creams, pastes, gels,	8		
	liniments and lotions, suppositories and pessaries			
	Nasal preparations, Ear preparations	2		
	Powders and granules - Insufflations, dusting powders,			
	effervescent powders and effervescent granules			
	Sterile formulations – Injectables, eye drops and eye	6		
	ointments			
	Immunological products: Sera, vaccines, toxoids and	4		
	their manufacturing methods.			
6	Basic structure, layout, sections and activities of	5		
	pharmaceutical manufacturing plants			
	Quality control and quality assurance: Definition and			
	concepts of quality control & quality assurance, current			
	good manufacturing practice (cGMP), Introduction to			
	concept of calibration and validation			
7	Novel drug delivery systems: Introduction, Classification	5		
	with examples, advantages and challenges			
I				

# PHARMACEUTICS - PRACTICAL

Course Code: ER20-11P 75 Hours (3 Hours/week)

**Scope:** This course is designed to train the students in formulating and dispensing common pharmaceutical dosage forms.

**Course Objectives:** This course will discuss and train the following aspects of preparing and dispensing various pharmaceutical dosage forms

- 1. Calculation of working formula from the official master formula
- 2. Formulation of dosage forms based on working formula
- 3. Appropriate Packaging and labelling requirements
- 4. Methods of basic quality control tests

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**Course Outcomes:** Upon successful completion of this course, the students will be able to

- 1. Calculate the working formula from the given master formula
- 2. Formulate the dosage form and dispense in appropriate container
- 3. Design the label with necessary product and patient information
- 4. Perform the basic quality control tests for the common dosage forms

# **Practicals**

- 1. Handling and referring the official references: Pharmacopoeias, Formularies, etc. for retrieving formulas, procedures, etc.
- 2. Formulation of the following dosage forms as per monograph standards and dispensing with appropriate packaging & labelling
  - Liquid Oral: Simple syrup, Piperazine citrate elixir, Aqueous Iodine solution, Strong Iodine solution
  - Emulsion: Castor oil emulsion, Cod liver oil emulsion, olive oil emulsion
  - Suspension: Calamine lotion, Magnesium hydroxide mixture
  - Ointment: Simple ointment base, Sulphur ointment
  - Cream: Cetrimide cream
  - Gel: Sodium alginate gel
  - Liniment: Turpentine liniment, White liniment BPC
  - Dry powder: Effervescent powder granule, Dusting powder
  - Sterile Injection: Normal Saline, Calcium gluconate Injection
  - Hard Gelatine Capsule: Indomethacin capsules, Tetracycline capsules
  - Tablet: Paracetamol tablet granules ready for compression
- 3. Demonstration on various stages of tablet manufacturing processes (including coating tablets, if possible)
- 4. Appropriate methods of usage, and storage of special dosage forms including different types of inhalers, spacers, insulin pens
- 5. Demonstration of quality control tests and evaluation of common dosage forms viz. tablets, capsules, emulsion, sterile injections as per the monographs

# **Assignments**

The students shall be asked to submit written assignments on the following topics (One assignment per student per sessional period. i.e., a minimum of THREE assignments per student)

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- 1. Various systems of measures commonly used in prescribing, compounding and dispensing practices
- 2. Market preparations (including Fixed Dose Combinations) of each type of dosage forms, generic name, minimum three brand names and label contents of the dosage forms mentioned in theory/practical
- 3. Overview of various machines / equipments / instruments involved in the formulation and quality control of various dosage forms / pharmaceutical formulations.
- 4. Overview of extemporaneous preparations at community / hospital pharmacy vs. manufacturing of dosage forms at industrial level
- 5. Basic pharmaceutical calculations: ratios; conversion to percentage fraction, allegation, proof spirit, isotonicity

#### **Field Visit**

The students shall be taken for an industrial visit to pharmaceutical industries to witness and understand the various processes of manufacturing of any of the common dosage forms viz. tablets, capsules, liquid orals, injectables, etc. Individual reports from each student on their learning experience from the filed visit shall be submitted.

# PHARMACEUTICAL CHEMISTRY - THEORY

Course Code: ER20-12T 75 Hours (3 Hours/week)

**Scope:** This course is designed to impart basic knowledge on the chemical structure, storage conditions and medicinal uses of organic and inorganic chemical substances used as drugs and pharmaceuticals. Also, this course discusses the impurities, quality control aspects of chemical substances used in pharmaceuticals.

**Course Objectives:** This course will discuss the following aspects of the chemical substances used as drugs and pharmaceuticals for various disease conditions

- 1. Chemical classification, chemical name, chemical structure
- 2. Pharmacological uses, doses, stability and storage conditions
- 3. Different types of formulations / dosage form available and their brand names
- 4. Impurity testing and basic quality control tests

**Course Outcomes:** Upon successful completion of this course, the students will be able to

- 1. Describe the chemical class, structure and chemical name of the commonly used drugs and pharmaceuticals of both organic and inorganic nature
- 2. Discuss the pharmacological uses, dosage regimen, stability issues and www.noteskarts.com

- storage conditions of all such chemical substances commonly used as drugs
- 3. Describe the quantitative and qualitative analysis, impurity testing of the chemical substances given in the official monographs
- 4. Identify the dosage form & the brand names of the drugs and pharmaceuticals popular in the marketplace

Chapter	Торіс	Hours
1	Introduction to Pharmaceutical chemistry: Scope and	8
	objectives	
	Sources and types of errors: Accuracy, precision,	
	significant figures	
	Impurities in Pharmaceuticals: Source and effect of	
	impurities in Pharmacopoeial substances, importance of	
	limit test, Principle and procedures of Limit tests for	
2	chlorides, sulphates, iron, heavy metals and arsenic.  Volumetric analysis: Fundamentals of volumetric	8
2	analysis, Acid-base titration, non-aqueous titration,	U
	precipitation titration, complexometric titration, redox	
	titration	
	Gravimetric analysis: Principle and method.	
3	Inorganic Pharmaceuticals: Pharmaceutical	7
	<ul> <li>formulations, market preparations, storage conditions and uses of</li> <li>Haematinics: Ferrous sulphate, Ferrous fumarate, Ferric ammonium citrate, Ferrous ascorbate, Carbonyl iron</li> <li>Antacids: Aluminium hydroxide gel, Magnesium hydroxide, Magaldrate, Sodium bicarbonate, Calcium Carbonate</li> <li>Anti-microbial agents: Silver Nitrate, Ionic Silver, Chlorhexidine Gluconate, Hydrogen peroxide, Boric acid, Bleaching powder, Potassium permanganate</li> <li>Dental products: Calcium carbonate, Sodium fluoride, Denture cleaners, Denture adhesives, Mouth washes</li> <li>Medicinal gases: Carbon dioxide, nitrous oxide, oxygen</li> </ul>	
4	Introduction to nomenclature of organic chemical	2
	systems with particular reference to	
	heterocyclic compounds	
	containing up to Three rings	

classifica	the following category of medicinal compounds with restion, chemical name, chemical structure (compounds	marked
-	es, stability and storage conditions, different types of form popular brand names	ulations
5	<ul> <li>Drugs Acting on Central Nervous System</li> <li>Anaesthetics: Thiopental Sodium*, Ketamine Hydrochloride*, Propofol</li> <li>Sedatives and Hypnotics: Diazepam*, Alprazolam*, Nitrazepam, Phenobarbital*</li> <li>Antipsychotics: Chlorpromazine Hydrochloride*, Haloperidol*, Risperidone*, Sulpiride*, Olanzapine, Quetiapine, Lurasidone</li> <li>Anticonvulsants: Phenytoin*, Carbamazepine*, Clonazepam, Valproic Acid*, Gabapentin*, Topiramate, Vigabatrin, Lamotrigine</li> <li>Anti-Depressants: Amitriptyline Hydrochloride*, Imipramine Hydrochloride*, Fluoxetine*, Venlafaxine,</li> </ul>	9
6	Duloxetine, Sertraline, Citalopram, Escitalopram, Fluvoxamine, Paroxetine  Drugs Acting on Autonomic Nervous System  • Sympathomimetic Agents: Direct Acting: Nor- Epinephrine*, Epinephrine, Phenylephrine, Dopamine*, Terbutaline, Salbutamol (Albuterol), Norbertaline*, Terbutaline, Salbutamol (Albuterol),	9
	Agents: Hydroxy Amphetamine, Pseudoephedrine. Agents With Mixed Mechanism: Ephedrine, Metaraminol  Adrenergic Antagonists: Alpha Adrenergic Blockers: Tolazoline, Phentolamine  Phenoxybenzamine, Prazosin. Beta Adrenergic Blockers: Propranolol*, Atenolol*, Carvedilol  Cholinergic Drugs and Related Agents: Direct Acting Agents: Acetylcholine*, Carbachol, And Pilocarpine. Cholinesterase Inhibitors: Neostigmine*, Edrophonium Chloride, Tacrine Hydrochloride, Pralidoxime Chloride, Echothiopate lodide  Cholinergic Blocking Agents: Atropine Sulphate*, Ipratropium Bromide  Synthetic Cholinergic Blocking Agents: Tropicamide, Cyclopentolate Hydrochloride, Clidinium Bromide, Dicyclomine Hydrochloride*	

_	During Action on Conditions and Continue	
7	<ul> <li>Drugs Acting on Cardiovascular System</li> <li>Anti-Arrhythmic Drugs: Quinidine Sulphate, Procainamide Hydrochloride, Verapamil, Phenytoin Sodium*, Lidocaine Hydrochloride, Lorcainide Hydrochloride, Amiodarone and Sotalol</li> <li>Anti-Hypertensive Agents: Propranolol*, Captopril*, Ramipril, Methyldopate Hydrochloride, Clonidine Hydrochloride, Hydralazine Hydrochloride, Nifedipine,</li> </ul>	5
	Antianginal Agents: Isosorbide Dinitrate  Divertice: Agents alemide Erusemide* Burnetenide	2
8	Diuretics: Acetazolamide, Frusemide*, Bumetanide, Chlorthalidone, Benzthiazide, Metolazone, Xipamide, Spironolactone	2
9	Hypoglycemic Agents: Insulin and Its Preparations, Metformin*, Glibenclamide*, Glimepiride, Pioglitazone, Repaglinide, Gliflozins, Gliptins	3
10	Analgesic And Anti-Inflammatory Agents: Morphine Analogues, Narcotic Antagonists; Nonsteroidal Anti-Inflammatory Agents (NSAIDs) - Aspirin*, Diclofenac, Ibuprofen*, Piroxicam, Celecoxib, Mefenamic Acid, Paracetamol*, Aceclofenac	3
11	<ul> <li>Anti-Infective Agents</li> <li>Antifungal Agents: Amphotericin-B, Griseofulvin, Miconazole, Ketoconazole*,</li> <li>Itraconazole, Fluconazole*, Naftifine Hydrochloride</li> <li>Urinary Tract Anti-Infective Agents: Norfloxacin, Ciprofloxacin, Ofloxacin*, Moxifloxacin,</li> </ul>	8
	<ul> <li>Anti-Tubercular Agents: INH*, Ethambutol, Para Amino Salicylic Acid, Pyrazinamide, Rifampicin, Bedaquiline, Delamanid, Pretomanid*</li> <li>Antiviral Agents: Amantadine Hydrochloride, Idoxuridine, Acyclovir*, Foscarnet, Zidovudine, Ribavirin, Remdesivir, Favipiravir</li> <li>Antimalarials: Quinine Sulphate, Chloroquine Phosphate*, Primaquine Phosphate, Mefloquine*, Cycloguanil, Pyrimethamine, Artemisinin</li> <li>Sulfonamides: Sulfanilamide, Sulfadiazine, Sulfametho xazole, Sulfacetamide*, Mafenide Acetate, Cotrimoxazole, Dapsone*</li> </ul>	

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12	Antibiotics: Penicillin G, Amoxicillin*, Cloxacillin, Streptomycin, Tetracyclines: Doxycycline, Minocycline, Macrolides: Erythromycin, Azithromycin, Miscellaneous: Chloramphenicol* Clindamycin	8
13	Anti-Neoplastic Agents: Cyclophosphamide*, Busulfan, Mercaptopurine, Fluorouracil*, Methotrexate, Dactinomycin, Doxorubicin Hydrochloride, Vinblastine Sulphate, Cisplatin*, Dromostanolone Propionate	3

# PHARMACEUTICAL CHEMISTRY - PRACTICAL

Course Code: ER20-12P

Hours/week)

75 Hours (3

**Scope:** This course is designed to impart basic training and hands-on experiences to synthesis chemical substances used as drugs and pharmaceuticals. Also, to perform the quality control tests, impurity testing, test for purity and systematic qualitative analysis of chemical substances used as drugs and pharmaceuticals.

**Course Objectives:** This course will provide the hands-on experience on the following aspects of chemical substances used as drugs and pharmaceuticals

- 1. Limit tests and assays of selected chemical substances as per the monograph
- 2. Volumetric analysis of the chemical substances
- 3. Basics of preparatory chemistry and their analysis
- 4. Systematic qualitative analysis for the identification of the chemical drugs

**Course Outcomes:** Upon successful completion of this course, the students will be able to

- 1. Perform the limit tests for various inorganic elements and report
- 2. Prepare standard solutions using the principles of volumetric analysis
- 3. Test the purity of the selected inorganic and organic compounds against the monograph standards
- 4. Synthesize the selected chemical substances as per the standard synthetic scheme
- 5. Perform qualitative tests to systematically identify the unknown chemical substances

#### **Practicals**

S. No.	Experiment	
1	Limit test for	
	<ul> <li>Chlorides; sulphate; Iron; heavy metals</li> </ul>	
2	Identification tests for Anions and Cations as per Indian Pharmacopoeia	

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3	Fundamentals of volumetric analysis		
	Preparation of standard solution and standardization of Sodium		
	Hydroxide, Ceric Ammonium Sulfate, Potassium Permanganate		
4	Assay of the following compounds		
	Ferrous sulphate- by redox titration		
	Calcium gluconate-by complexometric		
	Sodium chloride-by Modified Volhard's method		
	Ascorbic acid by cerimetry		
	Metronidazole by Non-Aqueous Titration		
	Ibuprofen by alkalimetry		
5	Fundamentals of preparative organic chemistry		
	Determination of Melting point and boiling point of organic compounds		
6	Drangration of organic compounds		
0	Preparation of organic compounds		
	Acetanilide from aniline		
	Aspirin from salicylic acid		
7	Identification and test for purity of pharmaceuticals		
	Aspirin, Caffeine, Paracetamol, Sulfanilamide		
8	Systematic Qualitative analysis experiments (4 substances)		

# **Assignments**

The students shall be asked to submit the written assignments on the following topics (One assignment per student per sessional period. i.e., a minimum of THREE assignments per student)

- 6. Different monographs and formularies available and their major contents
- 7. Significance of quality control and quality assurance in pharmaceutical industries
- 8. Overview on Green Chemistry
- 9. Various software programs available for computer aided drug discovery
- 10. Various instrumentations used for characterization & quantification of drug

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#### PHARMACOGNOSY - THEORY

Course Code: ER20-13T 75 Hours (3 Hours/week)

**Scope:** This course is designed to impart knowledge on the medicinal uses of various drugs of natural origin. Also, the course emphasizes the fundamental concepts in the evaluation of crude drugs, alternative systems of medicine, nutraceuticals and herbal cosmetics.

**Course Objectives:** This course will discuss the following aspects of drug substances derived from natural resources.

- 1. Occurrence, distribution, isolation, identification tests of common phytoconstituents
- 2. Therapeutic activity and pharmaceutical applications of various natural drug substances and phytoconstituents
- 3. Biological source, chemical constituents of selected crude drugs and their therapeutic efficacy in common diseases and ailments
- 4. Basic concepts in quality control of crude drugs and various system of medicines
- 5. Applications of herbs in health foods and cosmetics

**Course Outcomes:** Upon successful completion of this course, the students will be able to

- 1. Identify the important/common crude drugs of natural origin
- 2. Describe the uses of herbs in nutraceuticals and cosmeceuticals
- 3. Discuss the principles of alternative system of medicines
- 4. Describe the importance of quality control of drugs of natural origin

Chapter	Topic	Hours
1	Definition, history, present status and scope of	2
	Pharmacognosy	
2	Classification of drugs:	4
	Alphabetical	
	Taxonomical	
	Morphological	
	Pharmacological	
	Chemical	
	Chemo-taxonomical	

3	Quality control of crud		6
	Different methods	of adulteration of crude drugs	
	Evaluation of crude	drugs	
4	Brief outline of occur distribution, isolat identification tests, the	ion, rapeutic	6
	activity and pharmac applications of alka terpenoids, glycosides oils,	loids, , volatile	
5	tannins and resir Biological source, ch constituents and there efficacy of the follo- categories of crude of	emical apeutic wing	34
	Laxatives	Aloe, Castor oil, Ispaghula, Senna	
	Cardiotonic	Digitalis, Arjuna	
	Carminatives and	Coriander, Fennel, Cardamom,	
	G.I. regulators	Ginger, Clove, Black Pepper,	
		Asafoetida, Nutmeg, Cinnamon	
	Astringents	Myrobalan, Black Catechu	
	Drugs acting on	Hyoscyamus, Belladonna,	
	nervous system	Ephedra, Opium, Tea leaves,	
		Coffee seeds, Coca	
	Anti-hypertensive	Rauwolfia	
	Anti-tussive	Vasaka, Tolu Balsam	
	Anti-rheumatics	Colchicum seed	
	Anti-tumour	Vinca, Podophyllum	
	Antidiabetics	Pterocarpus, Gymnema	
	Diuretics	Gokhru, Punarnava	
	Anti-dysenteric	Ipecacuanha	
	Antiseptics and	Benzoin, Myrrh, Neem, Turmeric	
	disinfectants	, ,	
	Antimalarials	Cinchona, Artemisia	
	Oxytocic	Ergot	
	Vitamins	Cod liver oil, Shark liver oil	1
	Enzymes	Papaya, Diastase, Pancreatin,	╡
		Yeast	

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	Pharmaceutical	Kaolin, Lanolin, Beeswax, Acacia,	
	Aids	Tragacanth, Sodium alginate, Agar,	
		Guar gum, Gelatine	
	Miscellaneous	Squill, Galls, Pale catechu,	
		Ashwagandha, Vasaka, Tulsi,	
		Guggul	
6	Plant fibres used as s	urgical dressings: Cotton, silk, wool	3
	and regenerated fibres		
	Sutures – Surgical Cato	gut and Ligatures	
7	Basic principles inve	olved in the traditional systems of	8
	medicine like: Ayurved	la, Siddha, Unani and Homeopathy	
		on of Ayurvedic formulations like:	
	Arista, Asava, Gutik	a, Taila, Churna, Lehya and Bhasma	
8	Role of medicinal and aromatic plants in national		
	economy		
	and their export pot		4
9	Herbs as health food		4
	Brief introduction and therapeutic applications of: Nutraceuticals, Antioxidants, Pro-biotics, Pre-biotics,		
	Dietary fibres, Omega-3-fatty acids, Spirulina,		
	Carotenoids, Soya		
	and Garlic		
10	Herbal cosmetics:		4
		onstituents, commercial	
	preparations,	metic uses of: Aloe vera gel, Almond	
		ve oil, Rosemary oil, Sandal Wood oil	
11	Phytochemical inves		2
			_

# **PHARMACOGNOSY - PRACTICAL**

Course Code: ER20-13P 75 Hours (3 Hours/week)

**Scope:** This course is designed to train the students in physical identification, morphological characterization, physical and chemical characterization and evaluation of commonly used herbal drugs.

**Course Objectives:** This course will provide hands-on experiences to the students in

- 1. Identification of the crude drugs based on their morphological characteristics
- 2. Various characteristic anatomical characteristics of the herbal drugs studied

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through transverse section

3. Physical and chemical tests to evaluate the crude drugs

**Course Outcomes:** Upon successful completion of this course, the students will be able to

- 1. Identify the given crude drugs based on the morphological characteristics
- 2. Take a transverse section of the given crude drugs
- Describe the anatomical characteristics of the given crude drug under microscopical conditions
- 4. Carry out the physical and chemical tests to evaluate the given crude drugs

#### **Practicals**

# 1. Morphological Identification of the following drugs:

Ispaghula, Senna, Coriander, Fennel, Cardamom, Ginger, Nutmeg, Black Pepper, Cinnamon, Clove, Ephedra, Rauwolfia, Gokhru, Punarnava, Cinchona, Agar.

# 2. Gross anatomical studies (Transverse Section) of the following drugs:

Ajwain, Datura, Cinnamon, Cinchona, Coriander, Ashwagandha, Liquorice, Clove, Curcuma, Nuxvomica, Vasaka

# 3. Physical and chemical tests for evaluation of any FIVE of the following drugs:

Asafoetida, Benzoin, Pale catechu, Black catechu, Castor oil, Acacia, Tragacanth, Agar, Guar gum, Gelatine.

# **Assignments**

The students shall be asked to submit the written assignments on the following topics (One assignment per student per sessional period. i.e., a minimum of THREE assignments per student)

- 1. Market preparations of various dosage forms of Ayurvedic, Unani, Siddha, Homeopathic (Classical and Proprietary), indications, and their labelling requirements
- 2 Market preparations of various herbal cosmetics, indications, and their labelling requirements

#### **Field Visit**

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The students shall be taken in groups to a medicinal garden to witness and understand the nature of various medicinal plants discussed in theory and practical courses. Additionally, they shall be taken in groups to the pharmacies of traditional systems of medicines to understand the availability of various dosage forms and their labelling requirements. Individual reports from each student on their learning experience from the filed visit shall be submitted.

# **HUMAN ANATOMY AND PHYSIOLOGY - THEORY**

Course Code: ER20-14T 75 Hours (3 Hours/week)

**Scope:** This course is designed to impart basic knowledge on the structure and functions of the human body. It helps in understanding both homeostasis mechanisms and homeostatic imbalances of various systems of the human body.

Course Objectives: This course will discuss the following

- Structure and functions of the various organ systems and organs of the human body
- 2. Homeostatic mechanisms and their imbalances in the human body
- 3. Various vital physiological parameters of the human body and their significances

**Course Outcomes:** Upon successful completion of this course, the students will be able to

- 1. Describe the various organ systems of the human body
- 2. Discuss the anatomical features of the important human organs and tissues
- 3. Explain the homeostatic mechanisms regulating the normal physiology in the human system

Discuss the significance of various vital physiological parameters of the human body

Chapter	Торіс	Hours
1	Scope of Anatomy and Physiology	2
	Definition of various terminologies	
2	Structure of Cell: Components and its functions	2
3	<b>Tissues of the human body</b> : Epithelial, Connective, Muscular and Nervous tissues – their sub-types and characteristics.	4

4	Osseous system: structure and functions of bones of axial and appendicular skeleton	3
	Classification, types and movements of joints, disorders of joints	3
5	Haemopoietic system	8
6	Lymphatic system	3
	<ul> <li>Lymph and lymphatic system, composition, function and its formation.</li> <li>Structure and functions of spleen and lymph node.</li> </ul>	-
7	<ul> <li>Cardiovascular system</li> <li>Anatomy and Physiology of heart</li> <li>Blood vessels and circulation (Pulmonary, coronary and systemic circulation)</li> <li>Cardiac cycle and Heart sounds, Basics of ECG</li> <li>Blood pressure and its regulation</li> </ul>	8
8	Respiratory system  Anatomy of respiratory organs and their functions.  Regulation Mechanism of respiration.  Respiratory volumes and capacities – definitions	4
9	<ul> <li>Digestive system</li> <li>Anatomy and Physiology of GIT</li> <li>Anatomy and functions of accessory glands</li> <li>Physiology of digestion and absorption</li> </ul>	8

10	Skeletal muscles  Histology	2
	Physiology of muscle contraction	
	Disorder of skeletal muscles	
	Disorder of skeletal filuscies	
11	Nervous system	8
	Classification of nervous system	
	Anatomy and physiology of cerebrum, cerebellum, mid brain	
	Function of hypothalamus, medulla oblongata and	
	basal ganglia	
	Spinal cord-structure and reflexes	
	Names and functions of cranial nerves.	
	Anatomy and physiology of sympathetic	
	and parasympathetic nervous system (ANS)	
12	Sense organs - Anatomy and physiology of	6
	• Eye	
	• Ear	
	• Skin	
	Tongue	
	Nose	
13	Urinary system	4
	Anatomy and physiology of urinary system	
	Physiology of urine formation	
	Renin - angiotensin system	
	Clearance tests and micturition	
14	Endocrine system (Hormones and their functions)	6
	Pituitary gland	
	Adrenal gland     Thyraid and parethyraid gland	
	Thyroid and parathyroid gland     Paparas and ganada	
	Pancreas and gonads	
	1	<u> </u>

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15	Reproductive system	4	
	Anatomy of male and female reproductive system		
	Physiology of menstruation		
	Spermatogenesis and Oogenesis		
	Pregnancy and parturition		

#### **HUMAN ANATOMY AND PHYSIOLOGY - PRACTICAL**

Course Code: ER20-14P 75 Hours (3 Hours/week)

**Scope:** This course is designed to train the students and instil the skills for carrying out basic physiological monitoring of various systems and functions.

Course Objectives: This course will provide hands-on experience in the following

- 1. General blood collection techniques and carrying out various haematological assessments and interpreting the results
- 2. Recording and monitoring the vital physiological parameters in human subjects and the basic interpretations of the results
- Microscopic examinations of the various tissues permanently mounted in glass slides
- 4. Discuss the anatomical and physiological characteristics of various organ systems of the body using models, charts and other teaching aids

**Course Outcomes:** Upon successful completion of this course, the students will be able to

- 1. Perform the haematological tests in human subjects and interpret the results
- 2. Record, monitor and document the vital physiological parameters of human subjects and interpret the results
- 3. Describe the anatomical features of the important human tissues under the microscopical conditions
- 4. Discuss the significance of various anatomical and physiological characteristics of the human body

#### **Practicals**

- 1. Study of compound microscope
- 2. General techniques for the collection of blood
- 3. Microscopic examination of Epithelial tissue, Cardiac muscle, Smooth muscle, Skeletal muscle, Connective tissue and Nervous tissue of ready / pre-prepared slides.

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- 4. Study of Human Skeleton-Axial skeleton and appendicular skeleton
- 5. Study of appliances used in Haematological experiments (only identification and listing the appliances)
- 6. Determination of
  - a. Blood group
  - b. ESR
  - c. Haemoglobin content of blood
  - d. Bleeding time and Clotting time
- 7. Determination of WBC count of blood
- 8. Determination of RBC count of blood
- 9. Determination of Differential count of blood
- 10. Recording of Blood Pressure in various postures, different arms, before and after exertion and interpreting the results
- 11. Recording of Body temperature (using mercury, digital and IR thermometers at various locations), Pulse rate/ Heart rate (at various locations in the body, before and after exertion), Respiratory Rate
- 12. Recording Pulse Oxygen (before and after exertion)
- 13. Recording force of air expelled using Peak Flow Meter
- 14. Measurement of height, weight, and BMI
- 15. Study of various systems and organs with the help of chart, models and specimens
  - a) Cardiovascular system
  - b) Respiratory system
  - c) Digestive system
  - d) Urinary system
  - e) Endocrine system
  - f) Reproductive system
  - g) Nervous system
  - h) Eye
  - i) Ear
  - j) Skin

## **SOCIAL PHARMACY - THEORY**

Course Code: ER20-15T 75 Hours (3

Hours/week)

**Scope:** This course is designed to impart basic knowledge on public health, epidemiology, preventive care and other social health related concepts. Also, to emphasize the roles of pharmacists in the public health programs.

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Course Objectives: This course will discuss about basic concepts of

- 1. Public health and national health programs
- 2. Preventive healthcare
- 3. Food and nutrition related health issues
- 4. Health education & promotion
- 5. General roles and responsibilities of pharmacists in public health

**Course Outcomes:** Upon successful completion of this course, the students will be able to

- 1. Discuss about roles of pharmacists in the various national health programs
- 2. Describe various sources of health hazards and disease preventive measures
- 3. Discuss the healthcare issues associated with food and nutritional substances
- 4. Describe the general roles and responsibilities of pharmacists in public health

Chapter	Topic	Hours
1	<ul> <li>Introduction to Social Pharmacy</li> <li>Definition and Scope. Social Pharmacy as a discipline and its scope in improving the public health. Role of Pharmacists in Public Health. (2)</li> <li>Concept of Health - WHO Definition, various dimensions, determinants, and health indicators. (3)</li> <li>National Health Policy – Indian perspective (1)</li> <li>Introduction to Millennium Development Goals, Sustainable Development Goals, FIP Development Goals (1)</li> </ul>	7

2	Preventive healthcare – Role of Pharmacists in the	18
	<ul> <li>following</li> <li>Demography and Family Planning (3)</li> <li>Mother and child health, importance of breastfeeding, ill effects of infant milk substitutes and bottle feeding (2)</li> <li>Overview of Vaccines, types of immunity and immunization (5)</li> </ul>	
	<ul> <li>Effect of Environment on Health – Water pollution, importance of safe drinking water, waterborne diseases, air pollution, noise pollution, sewage and solid waste disposal, occupational illnesses, Environmental pollution due to pharmaceuticals (6)</li> <li>Psychosocial Pharmacy: Drugs of misuse and abuse – psychotropics, narcotics, alcohol, tobacco products. Social Impact of these habits on social health and productivity and suicidal behaviours (2)</li> </ul>	
3	Nutrition and Health	7
	<ul> <li>□ Basics of nutrition - Macronutrients and Micronutrients (2)</li> <li>□ Importance of water and fibres in diet (1)</li> <li>□ Balanced diet, nutrition deficiency diseases, ill effects of junk foods, calorific and nutritive values of various foods, fortification of food (3)</li> <li>□ Introduction to food safety, adulteration of foods, effects of artificial ripening, use of pesticides, genetically modified foods (1)</li> <li>□ Dietary supplements, nutraceuticals, food supplements - indications, benefits, Drug-Food Interactions (2)</li> </ul>	
4	Introduction to Microbiology and common microorganisms (3)	33
	Epidemiology: Introduction to the terms Epidemiology, its applications, terms such as epidemic, pandemic, endemic, mode of transmission, quarantine, isolation, incubation period, contact tracing. (2)	

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	Causative agents, epidemiology and clinical presentations and Role of Pharmacists in educating the public in prevention of the following communicable diseases:  • Respiratory infections – chickenpox, measles, rubella, mumps, influenza (including Avian-Flu, H1N1, SARS, MERS, COVID-19), diphtheria, whooping cough, meningococcal meningitis, acute respiratory infections, tuberculosis, Ebola (10)  • Intestinal infections – poliomyelitis, viral hepatitis, cholera, acute diarrheal diseases, typhoid, amebiasis, worm infestations, food poisoning (8)  • Arthropod-borne infections – dengue, malaria, filariasis	
	and, chikungunya (4)	
	Surface infections – trachoma, tetanus, leprosy (3)	
	STDs, HIV/AIDS (3)	
5	Introduction to health systems and all ongoing	5
	National health programs in India, their objectives, functioning, outcome and the role of pharmacists.	
	у,	
6	Role of Pharmacists in disaster management.	2
7	Pharmacoeconomics - basics, Health Insurance, Health Maintenance Organizations (HMOs), Health	3
	spending, Out- of-pocket expenses	

# **SOCIAL PHARMACY - PRACTICAL**

Course Code: ER20-15P 75 Hours (3

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### Hours/week)

**Scope:** This course is designed to provide simulated experience in various public health and social pharmacy activities.

**Course Objectives:** This course will train the students on various roles of pharmacists in public health and social pharmacy activities in the following areas

- 1. National immunization programs
- 2. Reproductive and child health programs
- 3. Food and nutrition related health programs
- 4. Health education and promotion
- 5. General roles and responsibilities of the pharmacists in public health
- 6. First Aid for various emergency conditions including basic life support and cardiopulmonary resuscitation

**Course Outcomes:** Upon successful completion of this course, the students will be able to

- 1. Describe the roles and responsibilities of pharmacists in various National health programs
- 2. Design promotional materials for public health awareness
- 3. Describe various health hazards including microbial sources
- 4. Advice on preventive measures for various diseases

Provide first aid for various emergency conditions including basic life support and cardiopulmonary resuscitation

**Note:** Demonstration / Hands-on experience / preparation of charts / models / promotional materials / role plays / enacting / e-brochures / e-flyers / podcasts / video podcasts / any other innovative activities to understand the concept of various elements of social pharmacy listed here. (At least one activity to be carried out for each one of the following):

### **Practicals**

- 1. National immunization schedule for children, adult vaccine schedule, Vaccines not included in the National Immunization Program.
- 2. RCH reproductive and child health nutritional aspects
- 3. Family planning devices
- 4. Microscopical observation of different microbes (readymade slides)
- 5. Oral Health and Hygiene

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- 6. Personal hygiene and etiquettes hand washing techniques, Cough and sneeze etiquettes. Various types of masks, PPE gear, wearing/using them, and disposal.
- 7. Menstrual hygiene, products used
- 8. Marketed preparations of disinfectants, antiseptics, fumigating agents, antilarval agents, mosquito repellents, etc.
- 9. Health Communication: Audio / Video podcasts, Images, Power Point Slides, Short Films, etc. in regional language(s) for mass communication / education / awareness on 5 different communicable diseases, their signs and symptoms, and prevention
- Water purification techniques, use of water testing kit, calculation of content/percentage of KMnO4, bleaching powder to be used for wells/tanks
- 11. Counselling children on junk foods, balanced diets using Information, Education and Communication (IEC), counselling, etc. (Simulation Experiments)
- 12. Preparation of various charts on nutrition, sources of various nutrients from locally available foods, calculation of caloric needs of different groups (e.g., child, mother, sedentary lifestyle, etc.). Chart of glycemic index of foods
- 13. Tobacco cessation, counselling, identifying various tobacco containing products through charts/pictures
- 14. First Aid Theory, basics, demonstration, hands on training, audio-visuals, and practices, BSL (Basic Life Support) Systems [SCA Sudden Cardiac Arrest, FBAO Foreign Body Airway Obstruction, CPR, Defibrillation (using AED) (include CPR techniques, First Responder)

# **Assignment**

The students shall be asked to submit the written assignments on the following topics (One assignment per student per sessional period. i.e., a minimum of THREE assignments per student)

- 1. An overview on Antibiograms
- 2. Study the labels of various packed foods to understand their nutritional contents
- 3. Calorie free sweeteners market examples, and their contents
- 4. Breastfeeding counselling, guidance using Information, Education and Communication (IEC)
- 5. Information about the organizations working on deaddiction services in the region (city / district, etc.)
- 6. Role of a pharmacist in disaster management A case study
- 7. Overview on the National Tuberculosis Elimination Programme (NTEP)

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- 8. Drug disposal systems in the country, at industry level and citizen level
- 9. Various Prebiotics or Probiotics (dietary and market products)
- 10. Emergency preparedness: Study local Government structure with respect to Fire, Police departments, health department
- 11. Prepare poster/presentation for general public on any one of the World Health Days. e.g., TB Day, AIDS Day, Handwashing Day, World Diabetes Day, World Heart Day, etc.
- 12. List of home medicines, their storage, safe handling and disposal of unused medicines
- 13. Responsible Use of Medicines: From Purchase to Disposal
- 14. Collection of newspaper clips (minimum 5) relevant to any one topic and its submission in an organized form with collective summary based on the news items
- 15. Read a minimum one article relevant to any theory topic, from Pharma /Science/ or other Periodicals and prepare summary of it for submission
- 16. Mental health and its significances among the various segments of the society
- 17. Potential roles of pharmacists in rural India

#### **Field Visits**

The students shall be taken in groups to visit any THREE of the following facilities to witness and understand the activities of such centres/facilities from the perspectives of the topics discussed in theory and/or practical courses. Individual reports from each student on their learning experience from the field visits shall be submitted.

- 1. Garbage Treatment Plant
- 2. Sewage Treatment Plant
- 3. Bio-medical Waste Treatment Plant
- 4. Effluent Treatment Plant
- 5. Water purification plant
- 6. Orphanage / Elderly-Care-Home / School and or Hostel/Home for persons with disabilities
- 7. Primary health care centre

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